

moll's MUFFINS

Clean treats handcrafted by local mom & certified health coach, Molly O'Neil. Perfect for active kids & adults, each muffin is made with gluten-free, dairy-free, guilt-free ingredients with no refined sugar or preservatives. Packed with protein, fiber and omega 3's, Moll's Balls Muffins are an easy, healthy way to enjoy an on-the-go snack, fuel your workout, or satisfy your sweet tooth.

FLAVOR MENU

BANANA NUT CHOCOLATE CHIP

Bananas, organic eggs, organic coconut flour, organic coconut sugar, almond flour, flax, organic coconut oil, walnuts, dairy free chocolate chips, vanilla, cinnamon, baking powder, sea salt

BLUEBERRY ALMOND

Almond flour, almond butter, banana, organic eggs, honey, organic blueberries, flax, baking soda, sea salt, vanilla

CHOCOLATE CHIA WITH ALMOND BUTTER BALL CRUMBLE

almond flour, organic eggs, almond butter ball crumble (almond butter, peanut butter, oats, maple syrup, dark chocolate chips), organic coconut sugar, cocoa, organic coconut oil, chia seeds, organic applesauce, arrowroot, baking soda, organic vanilla, sea salt.

EVOO BANANA

bananas, organic oat flour, ground flax, organic eggs, coconut sugar, extra virgin olive oil, cinnamon, baking powder, sea salt

GOOD MORNING GLORY

coconut flour, oat flour, almond flour, organic eggs, carrots, raisins, walnuts, organic coconut oil, unsweetened coconut, organic apple, hemp hearts, coconut sugar, orange juice & zest, baking soda, turmeric, baking powder, cinnamon, sea salt, vanilla extract

LEMON CHIA SEED

lemon juice & zest, organic eggs, coconut flour, organic coconut oil, chia seeds, maple syrup, vanilla, sea salt, baking soda, lemon glaze (cashew butter, lemon juice, maple syrup)

PALEO PUMPKIN SPICE

Almond butter, organic pumpkin, organic eggs, organic flax seeds, baking soda, sea salt, pumpkin spice, organic maple syrup, dairy free dark chocolate chips.

GREEN MACHINE

Organic spinach, banana, almond butter, organic eggs, organic oats, raw honey, flax, hemp hearts, cinnamon, vanilla, baking soda, sea salt, dark chocolate chips (dairy free)

Available in 2-packs (single serving size),
5-packs, 10-packs & 20-packs

Can be kept in fridge or freezer up to 2 months

MADE WITH INGREDIENTS THAT ARE:



GLUTEN FREE



GRAIN FREE



DAIRY FREE



SOY FREE



VEGAN